



A DAY IN THE LIFE OF TEEN CAMP



7:30 a.m. • Rip'n'Dip • If you're feeling ready to greet the day bright and early, join other campers for an early morning plunge in the lake before heading back to wake up the rest of the cabin.

7:45a.m. • Wake up • Good morning Camp Goodtimes!

8:15a.m. • Breakfast • Get a great start to the day with a healthy and nutritious breakfast with your cabinmates

9:15a.m. • Morning activity block 1 • Activity sign up for the two morning activity blocks will take place the night before during dinner. Campers can choose different activities every day to take part in! High ropes, rock climbing, canoeing, archery or arts and crafts to name a few – choose whatever sounds interesting to you!

Morning activity block 2 • 10:30 a.m.

Lunch • 12:00 p.m.

Sit with friends and volunteers outside your cabin group during this meal to chat about how the day is going so far!

Self-care hour • 1:00 p.m.

Down time before the afternoon starts. Use this as a chance to rest or take part in a low-energy activity.

All camp or cabin group activity • 2:15 p.m.

As a group, your cabin will decide what you would like to do during this block. Come together as a cabin and spend time baking, sailing, tie dying or something different! We may also use this block for an all-camp game.

Open activity rotation • 3:45 p.m.

Various activities will be open for you to wander around to during open rotation. Start at the waterfront, make your way to arts and crafts or play some basketball – camp is yours to explore.



5:00 p.m. • Free time • Campers can either rest or use any of the open spaces at camp during free time. These open spaces include the recreation room and arts and crafts.

6:00 p.m. • Dinner • Sit with cabinmates to talk about how the day went! Our final dinner will be a special banquet so bring some nicer clothes!

Evening activities • 7:00 p.m.

We will come together as a camp to spend the evening together while partaking in some type of evening activity. Whether it's a sing-along jam session or a movie under the stars, we will use this time to close out the day as a community.

9:00 p.m. – 10:30 p.m. • Snack & Free Time • After Evening Program, campers will have an evening snack and time to hang out in the recreation room to play games, make bracelets, and chat with friends. Lights out is at 11:00p.m.

