

We cannot believe that it is summer again and in a few short weeks we will be packing up the daffodil van and driving back up to Loon Lake. Enjoy this newsletter outlining all the fun stuff we've been up to this spring, our theme this summer and fun activities to get you excited for camp!

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WOW trip at Golden Ears



On May 27 & 28, Camp Goodtimes hosted its first Wilderness on Weekends (WOW) trip for families in the greater Vancouver area. WOW trips are an opportunity for families to connect in nature and experience fun camp activities. All you have to do is show up: we will provide all the food and camping equipment!

WOW—what a weekend! We went to Golden Ears Provincial Park and spent our time hiking, canoeing, playing games and singing songs around a (real) campfire! Highlights included seeing the majestic

Gold Creek waterfall, playing telephone charades and crafting beautiful lanterns. Thank you to all the families and volunteers who made our first WOW trip a success!

Look out for a WOW trip near you—Camp Goodtimes will be visiting the Island on June 16 & 17, the North on September 15 & 16, and the Interior on September 29 & 30. We will be sending out an email invite about a month prior to the event in your region.

CGT 2018 Theme—A Bug's Life!



This year at camp little things make a big difference! While bugs may be tiny, they are capable of doing some extraordinary things, especially when working in a team. Join us at camp for bug themed adventures and meals. Our themed meals for Kids Camp include:

- Bug's Life Dinner: come dressed us as your favourite character from A Bug's Life!
- Circus Dinner: A theatrical celebration of the amazing capabilities of bugs!
- Happy Habitats Dinner: Bugs thrive off nature. Delve deeper into their natural habitat and explore...
- Hollywood Bugs: A red carpet event featuring all your favorite celebrity bugs such as Spiderman, Jiminy Cricket, Antman, Barry B. Benson from the bee move, Charlotte the spider and many more famous bugs...

We look forward to seeing your creative costumes and ideas at camp this summer!

Flick's Favourite Jokes

Q: How do bees brush their hair?

A: With a honey comb!

Q: What did the sushi say to the bee?

A: Wassabee!

Q: Why did the fly never land on the computer?

A: He was afraid of the world wide web.

Q: What did one flea say to another?

A: "Should we walk or take the dog?"

Q: Why are A's like flowers?

A: Because bees come after them!



Meet the Team!

Get to know this year's summer staff by learning about their favourite smell and bug!

Don't forget to tell them your favourites at camp this summer.





Welcome Danielle, our new Camp Director! Danielle is excited to join the Camp Goodtimes team this summer after spending her childhood attending and working at her home camp in Ontario and then running multiple camps for kids and families affected by type 1 diabetes across all of Western Canada. When not at camp, Danielle spends her time skiing and mountain biking. She is so excited to meet you all this summer. Danielle loves the smell of fresh snow and her favourite bug is a ladybug!





Holly Campbell
Youth Leadership
Coordinator
Holly loves the smell of
campfire and the ocean
and her favourite bug is
a dragonfly!



Jennifer Skillen
Nursing Coordinator
Jenn Loves the smell of
peppermint and
cinnamon and her
favourite bug is a honey
bee!



James Caspersen Operations Supervisor James loves the smell of the forest and his favourite bug is a dragonfly!



Jamie Williams
Media Specialist
Jamie loves the smell of
popcorn and freshly cut
grass and his favourite
bug is also a dragonfly!



Lisa Daechsel
Camper Experience
Coordinator
Lisa loves the smell of
fresh laundry and her
favourite bug is a
bumblebee!



Rebecca Williams
Camper Experience
Coordinator
Rebecca loves the smell
of coffee and campfires
and her favourite bug is
a fluffy fluffy caterpillar!



Kim Babirad Program Director Kim loves the smell petrichor (the smell after it rains) and her favourite bug is a praying mantis!



Becki SteelWaterfront Supervisor
Becki loves the smell of cedar and her favourite bug is a tarantula!



Stefania Pasternak
Inclusion Specialist
Stefania loves the smell
of fresh baked goods
and her favourite bug is
a swallowtail butterfly!



Jean Wong
Camp Assistant
Jean loves the smell of
freshly baked bread
and her favourite bugs
are the ones that avoid
her!



Carolyn Cade
Volunteer Coordinator
Carolyn loves the smell
of cinnamon and her
favourite bug is a
banana slug!



DukePurchasing Supervisor
Duke loves the smell of camp food and his favourite bug is a lady bug!

See you this summer!



Camp is all about making memories and connections and having the opportunity to have new experiences. Read what one family had to say about camp last year:

"My entire family had a terrific time at Camp Goodtimes. We all challenged ourselves to try new activities and to meet new people. We came home feeling positively recharged. Camp Goodtimes has inspired us to try to start living again without so many fears."

We are really looking forward to the camp magic (and mac n' cheese) this summer. We hope to see you at camp or at one of our events!

10 CGT Tips for a Fun Summer!

- 1. Make bug themed costumes!
- 2. Bring 2 towels. Or 3.
- 3. Have a nap during rest hour. Camp is tiring!
- 4. Practice the words to *Wynotinchew*
- 5. Keep your cabin clean (rewards available for the cleanest cabin...)
- 6. Bring a reusable water bottle!
- 7. Start making friendship bracelets ahead of time. Like now.
- 8. Watch *A Bug's Life* to prepare for our themed activities.
- 9. Label all your belongings. Your mom will thank you.
- 10. Try new things! Camp is all about exploring.



Across 3. Francis is a 4. Like De Vinci, Flik is an 5. He asks for an offering from the ants 9. Where Flik and his friends live 10. 'Everything that made that giant tree is already contained inside this tiny little 10. 'Everything that made that giant tree is already contained inside this tiny little 11. Hopper's biggest fear 2. Heimlich becomes a 6. Happens after the rain 7. Flea runs this 8. Future Queen Ant

8. Adda 9. Ant Island 10. Seed

1. Birds 2. Butterfly 3. Ladybug 4. Inventor 5. Hopper 6. Rainbow 7. Circus

Contact us

Send us your news, stories, comments and questions. You can reach the Camp Goodtimes staff at gotcamp@bc.cancer.ca, by phone at 604.675.7141 or at 1.800.663.2524 ext. 7141