

Stages of Development

Resource Pages

- Babies (1 month – 12 months)
<http://www.aboutkidshealth.ca/En/HealthAZ/DevelopmentalStages/Babies/Pages/default.aspx>
- Toddlers (13 months – 24 months)
<http://www.aboutkidshealth.ca/En/HealthAZ/DevelopmentalStages/Toddlers/Pages/default.aspx>
- Preschoolers (2 to 4 years)
<http://www.aboutkidshealth.ca/En/HealthAZ/DevelopmentalStages/Preschoolers/Pages/default.aspx>
- School Age (5 to 8 years)
<http://www.aboutkidshealth.ca/En/HealthAZ/DevelopmentalStages/SchoolAgeChildren/Pages/default.aspx>

Milestones

5- to 6-year-olds

- Are willing to play cooperatively, take turns, and share
- Show jealousy toward siblings
- Understand their own feelings
- Understand the consequences of their actions
- Enjoy playing alone, but prefer to play with friends
- Can dress themselves
- Are able to use words to describe their own feelings
- Show empathy and offer to help when they see another in distress

7- to 8-year-olds

- Show a competitive spirit when playing games
- Befriend children of the opposite gender
- Show an interest in joining a club or sports team
- Form a sense of humour and enjoy telling jokes
- Can distinguish between fantasy and reality
- Are able to do pretend play with another child or group of children
- Help out with chores at home, such as clearing the table after a meal or tidying up personal belongings

- Tweens (9 to 12 years)
<http://www.aboutkidshealth.ca/En/HealthAZ/DevelopmentalStages/Tweens/Pages/default.aspx>
- Teenagers (13 to 18 years)
<http://www.aboutkidshealth.ca/En/HealthAZ/DevelopmentalStages/Teenagers/Pages/default.aspx>