



Canadian
Cancer
Society

VOLUNTEER FIRST AID AND CPR REQUIREMENTS

1. What is the First Aid requirement for Camp Goodtimes?

Camp Goodtimes asks for Basic First Aid as a minimum qualification to volunteer.

Any single first aid course between 8 and 34 hours that provides provincial or national certification and has a curriculum approved by a medical advisory board (i.e. WorkSafe Occupational First Aid, St. John First Aid, Red Cross First Aid, etc.). Recertification courses should be 8 hours.

First Aid certification must be recertified every 3 years. We also accept First Aid certification that covers above and beyond basic first aid (i.e. OFA-1, OFA-2, OFA-3, Wilderness First Aid, First Responder, Nursing License etc.)

2. What is the CPR requirement for Camp Goodtimes?

Camp Goodtimes asks for CPR Level C as a minimum qualification to volunteer.

As a stand-alone course (5 to 6 hours), CPR Level C is often offered as part of First Aid courses and covers all aspects of CPR skills and theory for adults, children and infants including two-rescuer CPR skills. CPR Level C also includes the importance of early defibrillation and how to use an AED. Recertification courses should be 4 hours.

CPR-C certification must be recertified every 3 years, or as stated by your First Aid/CPR certificate expiration date. We also accept CPR-HCP as an equivalent CPR certification.

3. Submitting your Certification:

Please upload your **VALID** certification to *myVolunteerPage* **no later than April 30th.**

Available Courses:

If you are looking at full certification or re-certification, please consider one of the following vendors we have accepted in the past: the YWCA, TraumaTech, St. John's Ambulance or Red Cross. Camp Goodtimes volunteers may be able to access a discounted course on certain dates with TraumaTech. Contact us to find out more.

Division Office Contact Information:

If you have questions about your First Aid or CPR-C certification requirements, please contact Carolyn Case, Volunteer Engagement Coordinator at ccade@bc.cancer.ca.